



## The Big Idea

Our words have the power to build or to destroy and God has called us to be intentional about the words we use. This week, we will investigate the potent force of words as Proverbs portrays them and learn how to harness this power to build up, encourage, impart grace, and transform our relationships and day to day interactions.



## Things to Remember

*“Words reveal where your heart is.”*



## Next Steps

This week, focus on the impact of your words. Before speaking, reflect on whether your words will uplift or harm. Practice silence in moments of temptation to respond negatively. Aim to make every conversation more positive and filled with truth, reflecting the wisdom of Proverbs in your daily interactions.



## Discussion Questions

1. How can you identify areas in your life where your words may not be reflecting the wisdom and truth of God? How can you improve?
2. In what ways have you experienced the power of words, either through encouragement or hurt? Share a personal experience.
3. Why do you think controlling the tongue is emphasized so heavily in both Proverbs and the New Testament (James 3:2)?
4. Discuss the statement, “The mouth speaks what the heart is full of” (Luke 6:45). How does this challenge you to assess the state of your heart?



## Closing Prayer

Heavenly Father, we thank You for the wisdom You provide through Your Word, teaching us about the power of our words. Help us to use our tongues to bring life and not destruction, to reflect Your love and truth in all we say. Guide us this week as we apply these teachings, making our words a fountain of wisdom. Strengthen us in our moments of weakness and help us to honor You in all our communications. Amen.

## Key Verses

Proverbs 18:21, Proverbs 18:4, James 3:2

